



# Agassiz-Harrison

7<sup>th</sup> Annual Walk & Talk for Mental Health



JOIN US, TOGETHER WE CAN #DEFEATDEPRESSION!

**Saturday, October 13, 2018**  
**Registration: 10 am**

290 Esplanade Ave, Harrison Memorial Hall,  
Harrison Hot Springs, BC

Help us raise funds to support mental health and de-stigmatize mental illness. This walk is open to everyone!

To register, donate, or for more information go to  
<http://Agassiz.DefeatDepression.ca>



Proceeds of this event support:



[www.defeatdepression.ca](http://www.defeatdepression.ca)



Mood Disorders Society of Canada  
La Société Pour Les Troubles de L'Humeur du Canada

\*Details at [defeatdepression.ca](http://defeatdepression.ca)

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